



P. O. Box 580325, Modesto, CA 95358  
(209) 882-1479 or www.projectupliftmentor.com

# Adult Volunteer Mentor Application

Date \_\_\_\_\_  New Application  Revised Application

## General Information

Full Legal Name \_\_\_\_\_ (If less than five (5) years at your current location, please provide your previous address.)

Address \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_

## Personal Information

Date of Birth \_\_\_\_\_ Gender \_\_\_\_\_ SSN \_\_\_\_\_ Driver's License? \_\_\_\_\_ License # \_\_\_\_\_

Vehicle - Make, Model, Year \_\_\_\_\_ Insurance \_\_\_\_\_

In Case of Emergency Call (Name and Phone Number) \_\_\_\_\_

Personal References	Name 1 _____	Phone Number _____
	Name 2 _____	Phone Number _____
	Name 3 _____	Phone Number _____

Education Information College Attended \_\_\_\_\_ Degree \_\_\_\_\_ Major \_\_\_\_\_

## Employment Information

Company \_\_\_\_\_ Work Phone \_\_\_\_\_

Address \_\_\_\_\_ E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**The safety of the young people we serve is a primary concern. All mentor candidates will be subject to a criminal background check.**

**I certify that the information supplied above is correct and accurate to the best of my knowledge. I also give permission to contact references and complete a criminal background check.**

Signature \_\_\_\_\_ Print Name \_\_\_\_\_

## Office Use Only:

Notes: \_\_\_\_\_

Date Received _____	Entered In Database _____	Background Check Complete _____	Training Scheduled _____
Training Complete _____	Volunteer Assigned _____	Volunteer Not Accepted _____	Application Withdrawn _____

# PROJECT UPLIFT & UPLIFT 2 SUCCESS MENTORING PROGRAMS

*Be somebody....Be a Mentor*



## Mentor Job Description

Update December 5, 2010

The Project Uplift and the Uplift 2 Success Peer Mentoring Programs help to empower youth in our community to make positive life choices that enable them to maximize their true potential. The mentoring program uses adult and peer volunteers to commit to supporting, guiding, and being a friend to a young person consistently for a period of at least one year. By becoming part of the social network of peers, adults and community members who care about the youth, the mentor can help youth develop and reach positive academic, career, and personal goals.

### Mentor Role

- Take the lead in supporting a young person through an ongoing, one-to-one relationship
- Serve as a positive role model and friend
- Build self-esteem and motivation
- Help set goals and work toward accomplishing them
- Give positive feedback and encouragement

### Time Commitment

- Make at least a one-year (school year) commitment
- Spend a minimum 3 hours per week one-to-one with a mentee
- Communicate with the mentee weekly
- Attend an initial ten-hour training and orientation and an additional two-hour training session each month during each year of participation in the program
- Attend mentor/mentee group events, mentor support groups, and program recognition events

### Participation Requirements

- Peer Mentors (youth) must be at least 16 years old or a sophomore in high school. Adult Mentors must be 18 years old.
- Reside in Stanislaus County area (Youth Only)
- Be interested in working with young people
- Be willing to adhere to all program policies and procedures
- Be willing to complete the application and screening process
- Be dependable and consistent in meeting the time commitments
- Attend mentor training sessions as prescribed
- Be willing to communicate regularly with program staff, teachers, submit activity information, and take constructive feedback regarding mentoring activities
- Have an acceptable criminal history (if applicable)
- Not use illicit drugs, tobacco products, alcohol, or controlled substances
- Not be currently in treatment for substance abuse and have a non-addictive period of at least five years
- Not be currently in treatment for a mental disorder or hospitalized for such in the past three years

### Desirable Qualities

- Willing listener
- Encouraging and supportive
- Patient and flexible
- Aware and respectful of individual differences
- Creative
- Punctual
- Compassionate

### Benefits

- Personal fulfillment through contribution to community and individual
- Satisfaction in helping someone mature, progress, and achieve goals
- Training sessions and group activities
- Participation in a mentor support group
- Mileage and expenses are tax deductible
- Opportunity to earn community service hours for graduation requirements (Youth Only)
- Opportunity to earn scholarships (Youth Only)
- Personal ongoing support, supervision to help the match succeed
- Mentee/mentor group activities, complimentary tickets to community events, participant recognition events

### Application and Screening Process

- Complete and submit either the Adult Volunteer Mentor Application or the Peer Mentor Application
- Driving record check, if applicable
- Criminal history check: state, child abuse and neglect registry, sexual offender registry, if applicable
- Personal interview
- Provide three personal references
- Attend ten-hour mentor training and monthly follow-up training

For more information about either the Project Uplift Adult Mentoring Program or the UPLIFT 2 Success Peer Mentoring Programs, please call (209) 576-4408 or e-mail [erwin.j@monet.k12.ca.us](mailto:erwin.j@monet.k12.ca.us)